



Olas Para el Desarrollo

COMMUNITY NEWSLETTER

NOVEMBER

2009

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WAVES for Development

W = Water

A = Adventure

V = Volunturism

E = Education

S = Sustainability

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Welcome the WCT Women's Surfing Competition!

The young people of Lobitos want to welcome everyone to the Association of Surfing Professionals' Women's World Tour *Movistar Peru Classic Presented by Rip Curl*. We hope that you enjoy your time in Lobitos. Lobitos is a special but fragile place. When you are in Lobitos, please protect the environment – keep the beach clean, avoid using unnecessary plastic and water, and respect our surroundings and animals. Care for our environment for the future!

Inauguration of the WAVES Surf Shack

WAVES for Development has constructed the WAVES Shack to teach surfboard repair classes to the Lobitos children and young people. The Surf Shack was built by Lobitos children, young people and parents with WAVES volunteers and staff; a HUGE collaborative project! The shack is dedicated to Holggers Clavijo Arambulo, our Surf Instructor. Holggers has been working for 3 years with WAVES, and is the heart of the WAVES Project in Lobitos. Holggers is teaching local children and young people to repair surfboards, helping them to begin their own small businesses in the future.

The inauguration of the Shack will be held on Friday 6th November at 3pm in New Lobitos. Everyone is invited to attend!



More photos from the construction of the WAVES Shack

Thankyou to all the children, young people and parents who have helped this project. We want to particularly thank the following people: Señor Raúl Tinoco, Joel, Cesar, Darío, Henry, our volunteers Hanneke, Tom D, Giampiero, Alison, Jenny, Marieke, Tom H, Mark and Billy, and the WAVES staff.



WAVES English Program to begin in November

The community of Lobitos have communicated to WAVES their interest in learning English – therefore, from the 14th of November we will begin a Pilot English Project.

**WE INVITE ALL CHILDREN, YOUNG PEOPLE AND ADULTS TO PARTICIPATE IN OUR
ENGLISH PROGRAM.**

WAVES will teach English classes to the Primary and Secondary schools during school hours. Additionally, there will be English classes every Saturday for children, young people and adults:

Children: Saturday 2pm-3pm

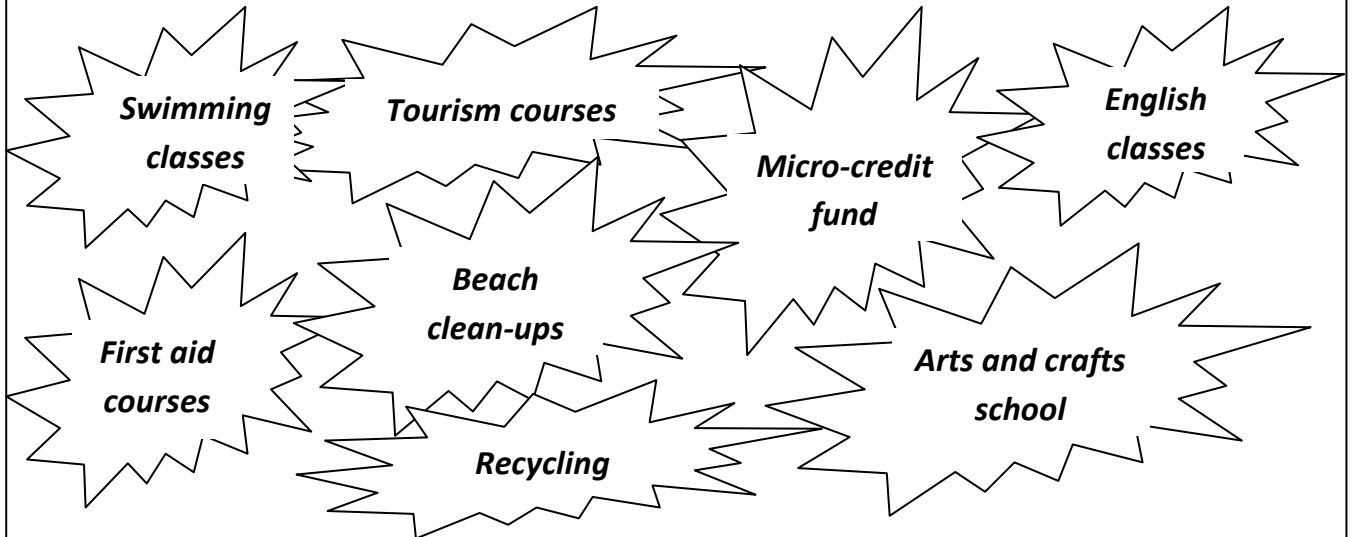
Young people: Saturday 3pm-4pm

Adults: Saturday 4pm-5pm

All classes will be held in the Salón Comunal, Barrio Primavera. Please bring a notebook and pen to each class. These English classes are an opportunity to learn a new language and participate in the tourism market in Lobitos. We thank our English and Spanish Teacher, Arli, and his assistant Nikki Drakeford for teaching the classes.

Key ideas from the WAVES Community Consultation:

During September and October 2009, WAVES conducted a community consultation to hear your opinions and ideas for the future of Lobitos and WAVES. **YOUR KEY IDEAS:**



English – Describing me

I am....	Yo soy....
Nationality:	Nacionalidad:
Peruvian	Peruano/a
American	Americano/a
Australian	Australiano/a
European	Europeo/a
Profession:	Profesión:
Fisherman	Pescador/a
Homemaker	Ama de casa
Teacher	Profesor/a
Surfer	Surfista

Environment information

What is RECYCLING?

Recycling occurs when we re-use waste materials for another purpose. Factories can re-use plastic bottles, tins, carton and cardboard, glass, metal etc to make other items. In Lobitos, we don't yet have a recycling system, however you can collect and separate recycled materials and sell them in Talara. You can also re-use the materials for arts and crafts.

During the WCT Competition, please place all empty plastic bottles in the special WAVES trash cans. Together we can care for our environment!

Health – Caring for your spine

Spinal problems can affect the body functioning well, causing: pain, discomfort in the arms and legs, sciatica, migraines etc. The CHIROPRACTORS from the organisation *Free Your Roots* have provided the following recommendations to prevent spinal problems:

- 1) Don't sleep face down, always sleep on your back or side;
- 2) When lifting heavy objects, always bend your knees;
- 3) Don't sit for more the 40 minute at a time, stand up and walk frequently;
- 4) Keep a straight back;
- 5) Regularly exercise;
- 6) Drink water or juices rather than soft drinks;
- 7) And the most important, smile and be happy!



Educational Surf Program Schedule - November

We invite all Lobitos children and young people to participate in our Educational Surf Program! The volunteers will meet the students in the Plaza de Armas 15 minutes before each class to walk safely to New Lobitos.

DAY	TIME	CLASS	LOCATION
WEDNESDAY	3.00-5.30pm	Surfing (for advanced students)	Nuevo Lobitos
THURSDAY	3.00-5.00pm	Surfboard repair	Nuevo Lobitos
FRIDAY	3.00-5.30pm	Surfing and Environment	Nuevo Lobitos
SATURDAY	10.00-12.30pm	Surfing	Nuevo Lobitos
	2.00-3.00pm	English (for children)	Salón Comunal
	3.00-4.00pm	English (for young people)	Salón Comunal
	4.00-5.00pm	English (for adults)	Salón Comunal

Tide – November

Day	Time	cm	Day	Time	Cm	Day	Time	cm
1	0233	154	11	0515	33	21	0029	40
	0849	7		1117	126		0615	130
	1511	153		1719	30		1224	14
	2105	25		2352	152		1911	148
2	0308	160	12	0619	25	22	0110	26
	0923	-2		1228	133		0654	122
	1547	161		1827	31		1300	24
	2144	20					1951	142
3	0344	163	13	0048	155	23	0155	51
	0958	-9		0713	15		0739	115
	1625	167		1328	143		1340	34
	2223	17		1928	29		2034	137
4	0421	162	14	0139	157	24	0248	54
	1035	-13		0800	6		0836	110
	1705	169		1420	152		1429	45
	2304	16		2022	26		2124	133
5	0501	160	15	0226	158	25	0439	55
	1115	-12		0843	0		0947	108
	1749	167		1507	160		1530	53
	2348	19		2109	24		2220	132
6	0544	154	16	0309	158	26	0454	51
	1159	-7		0923	-5		1104	111
	1837	162		1551	163		1640	58
				2152	23		2318	133
7	0037	25	17	0349	156	27	0555	44
	0633	146		1002	-6		1214	118
	1249	1		1633	164		1751	58
	1932	156		2232	25			
8	0134	32	18	0427	152	28	0014	138
	0730	136		1039	-5		1647	34
	1346	11		1714	162		1311	128
	2034	150		2311	29		1855	54
9	0243	38	19	0504	146	29	0104	143
	0840	128		1115	-1		0732	23
	1454	20		1754	158		1359	140
	2142	148		2350	34		1949	47
10	0400	39	20	0539	139	30	0150	150
	0959	124		1150	6		0813	13
	1606	27		1833	153		1443	152
	2250	149					2037	39



What does WAVES for Development mean?

¡Olas para el desarrollo!

WAVES for Development Perú is a not-for-profit organisation that creates life-enriching experiences in coastal communities through Educational Surf programs that develop youth into healthy & empowered adults and Surf Voluntourism programs that engage travellers & transform their world views.

Our Lobitos Project has three staff members:

Holgers Clavijo Arambulo – Surf Instructor / Program Coordinator

Naomi Godden – Project Manager

Arlin Arlain Asto – English and Spanish teacher.

We also have international volunteers that assist our program in Lobitos. In November, we have:

- **Claudia Gehrige - Switzerland**
- **Jean-Luc Robert - France**
- **Cory Kantin – United States**
- **Nikki Drakeford – United Kingdom**

The WAVES for Development house is in New Lobitos. Please visit us!