



# Olas Para el Desarrollo

## COMMUNITY NEWSLETTER

**DICIEMBRE  
2009**

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**WAVES for  
Development**

**W** = Water

**A** = Adventure

**V** = Voluntourism

**E** = Education

**S** = Sustainability

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### ***Happy Holidays!!***

The WAVES for Development team would like say Happy Holidays to the Lobitos community! Thank you to all the children, young people, parents and other community members who have supported us during 2009. We are very excited for our projects in 2010. There will be a summer program with many different classes for children and young people – we look forward to your participation!

### ***Women's World Tour Surfing Competition***

The Women's World Tour *Movistar Peru Classic Presented by Rip Curl* was held in Lobitos during November. It was a fabulous event, and a huge opportunity for the Lobitos community and the organisation WAVES for Development. Congratulations to the winner, Sofia Mulanovich, from Peru!

During the competition, many children and young people from Lobitos participated in various activities organised by WAVES, including an art class to make welcome cards for the surfers, a demonstration of a WAVES surf class during the finals, a visit from Sofia Mulanovich to a WAVES surf class, and the official opening of the new WAVES Surf Shack.



***Winner Sofia Mulanovich during the competition final.***

### ***Official Opening of the WAVES Surf Shack***

The Official Opening of the WAVES Surf Shack was held on 6th November. The Shack ('La Choza') is our education space to teach children and young people from Lobitos how to repair surfboards. Professional surfers Sofia Mulanovich and Paige Hareb attended the opening. In addition, our new WAVES Ambassador, Roberto Meza from Olas Peru was presented to the Lobitos community. Congratulations to local young people Karen and Frank for hosting the event.

***Surfers Sofia Mulanovich and Paige Hareb at the Official Opening of the WAVES Surf Shack.***



### ***Micro-Credit Pilot Project***

WAVES for Development is working with various community members to develop a Microcredit Project. 'Microcredit' means the process of an organisation lending finances to individuals to begin small businesses. The WAVES project will include basic business training, business plans, and ongoing support to participants. Two international volunteers, Claudia and Cory, have developed this Project with WAVES staff and community members. Welcome to our new Micro-Credit Project Coordinator, Roxana Irene Antón Periche!

### ***English Program***

WAVES for Development has begun the English Program, with classes in the primary and secondary schools, and in the community.

**WE INVITE ALL CHILDREN, YOUNG PEOPLE AND ADULTS TO PARTICIPATE IN OUR  
ENGLISH PROGRAM.**

WAVES will teach English classes to the Primary and Secondary schools during school hours. Additionally, there will be English classes every Saturday for children, young people and adults:

**Children: Saturday 2pm-3pm**

**Young people: Saturday 3pm-4pm**

**Adults: Saturday 4pm-5pm**

All classes will be held in the Salón Comunal, Barrio Primavera. Please bring a notebook and pen to each class. These English classes are an opportunity to learn a new language and participate in the tourism market in Lobitos. We thank our English and Spanish Teacher, Arli, and volunteer teacher Nikki Drakeford for teaching the classes.

**Environmental Conservation Program**

WAVES for Development is reorganizing our Environmental Conservation Program. An intern named Nikki Drakeford is helping two teachers, Sonia and Diana, to whom we welcome to the WAVES team! The women are preparing the program curriculum and teaching classes to the students. The Environmental Conservation Program is an opportunity for children and young people from Lobitos to learn more about our planet, and way to respect and protect the animals, the land, the oceans and humans.

**We have Environmental Conservation classes every Friday at 2.30pm in the Salon Comunal.**



**Students in an Environmental Conservation class studying birds with volunteer Jean-Luc Robert.**

**English – Números / Numbers**

Uno	One	(wan)
Dos	Two	(tu)
Tres	Three	(tree)
Cuatro	Four	(for)
Cinco	Five	(fayv)
Seis	Six	(sics)
Siete	Seven	(seven)
Ocho	Eight	(ayt)
Nueve	Nine	(nayn)
Diez	Ten	(ten)

**Environmental Conservation Information**

**Birds and their adaptations**

Did you know why pelicans have a large beak? They use it like a net to catch fish.

And why the hummingbird has a long and thin beak? The hummingbird eats nectar and their beak assists them to absorb the flowers.

And the eagle’s beak? The eagle has a hooked beak to tear the meat it eats.

Nature is amazing, isn’t it?!

**Health – First Aid for Heatstroke**

**Explanation: Heat stroke** occurs when the body is losing liquids and the body temperature is higher than 40°C (normal temperature is 37.5°C). Heatstroke can occur when a person spends too much time in the sun without protection, water or shade. It is dangerous and can be fatal.

**Symptoms:** People with heatstroke may have cool and sticky skins, weak pulse and feelings of nausea, disorientation, weakness and anxiety.

**Actions:**

- 1) Confirm that the person is responsive and call for emergency assistance;
- 2) Move the person to a cool and shady area;
- 3) Cool the person with cold water;
- 4) Cover the person with wet clothing and continue monitoring them until help arrives;

**Educational Surf Program Schedule – December 2009**

We invite all children and young people to participant in our educational surf program!

DAY	TIME	CLASS	LOCATION
<b>WEDNESDAY</b>	3.00-5.30pm	Surf (advanced students)	Nuevo Lobitos
<b>THURSDAY</b>	3.00-5.00pm	Surfboard repair	Nuevo Lobitos
<b>FRIDAY</b>	2.30-3.15pm	Environmental Conservation	Salón Comunal
	3.15-5.30pm	Surf	Nuevo Lobitos
<b>SATURDAY</b>	10.00-12.30pm	Surf	Nuevo Lobitos
	2.00-3.00pm	English (children)	Salón Comunal
	3.00-4.00pm	English (young people)	Salón Comunal
	4.00-5.00pm	English (adults)	Salón Comunal

**Tide - December**

Day	Time	cm	Day	Time	Cm	Day	Time	cm
<b>1</b>	0235	156	<b>11</b>	0545	32	<b>21</b>	0047	48
	0854	3		1202	136		0635	138
	1525	162		1758	52		1235	28
	2123	31					1917	160
<b>2</b>	0318	161	<b>12</b>	0013	150	<b>22</b>	0124	51
	0935	-5		0645	28		0713	133
	1608	171		1308	142		1308	37
	2207	26		1910	52		1950	156
<b>3</b>	0402	164	<b>13</b>	0112	148	<b>23</b>	0204	53
	1018	-10		0738	22		1757	129
	1654	177		1406	149		1346	46
	2252	23		2010	49		2027	152
<b>4</b>	0448	166	<b>14</b>	0205	148	<b>24</b>	0251	55
	1103	-12		0826	17		0850	125
	1741	179		1457	155		1432	56
	2340	24		2100	46		2111	148
<b>5</b>	0536	163	<b>15</b>	0252	150	<b>25</b>	0346	54
	1150	-9		0909	12		0954	122
	1831	179		1543	161		1527	64
				2144	43		2204	145
<b>6</b>	0032	27	<b>16</b>	0334	151	<b>26</b>	0447	52
	0628	158		0949	8		1107	124
	1240	-2		1625	165		1638	70
	1923	177		2224	42		2305	143
<b>7</b>	0129	31	<b>17</b>	0413	151	<b>27</b>	0549	46
	0724	150		1025	7		1219	131
	1333	9		1704	167		1759	71
	2018	172		2302	42			
<b>8</b>	0230	34	<b>18</b>	0450	150	<b>28</b>	0010	38
	0827	142		1100	9		0648	141
	1430	22		1741	168		1323	65
	2114	167		2338	43		1913	144
<b>9</b>	0335	36	<b>19</b>	0525	146	<b>29</b>	0112	150
	0936	135		1132	14		1742	28
	1533	35		1814	167		1418	154
	2212	160					2014	56
<b>10</b>	0441	35	<b>20</b>	0013	46	<b>30</b>	0209	157
	1049	133		0600	142		0832	17
	1642	46		1203	20		1508	167
	2312	154		1846	164		2106	47
			<b>31</b>				0301	166
							0920	7
							1557	180
							2156	39



**What does WAVES for Development mean?**

**¡Olas para el desarrollo!**

WAVES for Development Perú is a not-for-profit organisation that creates life-enriching experiences in coastal communities through Educational Surf programs that develop youth into healthy & empowered adults and Surf Voluntourism programs that engage travellers & transform their world views. The WAVES team in Lobitos includes:

**Holgers Clavijo Arambulo** – Surf Instructor / Program Assistant

**Naomi Godden** – Program Manager

**Arlin Arlain Asto** – English and Spanish Teacher

**Roxana Irene Antón Periche** – Coordinator, Micro-Credit Pilot Project

**Sonia Elena Machuca Eche** – Environmental Conservation Teacher

**Diana Esther Antón Periche** - Environmental Conservation Teacher

We also have international volunteers that assist our program in Lobitos. In November, we have:

- **John Wheelock** – USA
- **Mary Holmes** – USA
- **Jacque Savage** – United Kingdom
- **Mel Jackson** - Australia
- **Nikki Drakeford** – United Kingdom